

		Autumn Term – Relationships			Spring Term- Living in the Wider World			Summer Term- Health and Wellbeing		
		Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and mental wellbeing	Growing and changing	Keeping safe
Year 1/2	Rot A	Roles of different people; families and friends, feeling cared for	Managing secrets, recognising hurtful behaviour and resisting pressure	Recognising similarities and differences between people, playing and working co-operatively and sharing opinions	What rules are; caring for others' needs and looking after the environment	Using the internet and digital devices, communicating online	What money is; needs and wants; looking after money.	Keeping healthy; food and exercise, hygiene routines and sun safety	Recognising what makes us special, feelings and how to manage when things go wrong	Safety in different environments, risk and safety at home, emergencies.
	BV	Mutual respect	Mutual respect	Mutual respect, tolerance,	Rule of Law				Tolerance, mutual respect	
	Assessment	<b>Y1 – the child can talk about their special people and what makes them special</b> <b>Y2 – the child can identify and respect some similarities and differences between people</b>			<b>Y1 – the child can adhere to rules and understand why they are necessary and important</b> <b>Y2 – the child can understand what improves and harms their local environment and know some of the different ways people look after it.</b>			<b>Y1 – the child can explain how to keep clean and healthy</b> <b>Y2 – the child can use the names for the main parts of the body (including external genitalia) and understand the differences between boys and girls.</b>		
	Rot B	Making friends, feeling lonely and getting help	Recognising privacy, staying safe, seeking permission	How behaviour affects others; being polite and respectful	Belonging to a group; roles and responsibilities, being the same and different in the community	The internet in everyday life, online content and information	Strengths and interests, jobs in the community	Why sleep is important; medicines and keeping healthy, teeth healthy, managing feelings and asking for help	Growing older, change, transitions	How rules and age restrictions help us; keeping safe online.
	BV	Mutual respect	Rule of law	Mutual respect, tolerance	Mutual respect, tolerance,					
	Assessment	<b>Y1 – the child can co-operate with others in work and play, taking turns with others</b> <b>Y2 – the child can understand that friendships can change and can make friends and deal with losing friends.</b>			<b>Y1- the child can respect and value other people's needs, feelings and opinions and recognise that these may be different to their own.</b> <b>Y2 – the child can show awareness of the choices they can make and their right to decide</b>			<b>Y1 – the child can describe the things that can and can't go on/ in their bodies and why medicines are needed.</b> <b>Y2 – the child can use the names for the main parts of the body (including external genitalia) and understand the differences between boys and girls</b>		

Year 3/4	Rot A	What makes a family; features of family life	Personal boundaries, safely responding to others, impact of hurtful behaviour	Recognising respectful behaviour, importance of self-respect, courtesy and being polite.	The value of rules and laws; rights, freedoms and responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty.	Risks and hazards; safety in the local environment and unfamiliar places.
	BV		<b>Mutual respect</b>	<b>Mutual Respect</b>	<b>Rule of Law</b>		<b>Individual liberty</b>			
	Assessment	<b>Y3– the child can co-operate with others in work and play, taking turns with others</b> <b>Y4 – the child understands what families are, and what members expect of each other.</b>			<b>Y3 – the child can talk about why and how rules and laws protect them and why different rules are needed in different situations</b> <b>Y4 –the child knows that there are different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment.</b>			<b>Y3 – the child can understand what constitutes good physical health is and the elements of a balanced, healthy lifestyle.</b> <b>Y4 –the child can identify hazards from substances at home and at school</b>		
	Rot B	Positive friendships (including online)	Responding to hurtful behaviour, managing confidentiality and recognising risks online	Respecting differences and similarities and discussing difference sensitively.	What makes a community; shared responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes , setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements, managing and reframing setbacks	Medicines and household products; drugs common to everyday life.
	BV	<b>Individual liberty</b>	<b>Mutual respect</b>	<b>Mutual respect</b>	<b>Tolerance</b>		<b>Individual Liberty</b>			
	Assessment	<b>Y3 – the child knows what helps and hinders friendships and consider ways of resolving differences</b> <b>Y4 –the child understands the meaning of friendship and loyalty and can be honest.</b>			<b>Y3 – the child can understand that there are many different social groups in society and that people live their lives in different ways</b> <b>Y4 – the child can assess positive things about themselves and set personal goals that are realistic.</b>			<b>Y3 – the child can understand the factors that create a healthy lifestyle and have strategies to maintain this.</b> <b>Y4 – the child knows about the range of legal drugs encountered in everyday life (including over the counter drugs and prescriptions)</b>		

Year 5/6	Rot A	Managing friendships and peer influence	Recognising and managing pressure, consent in different situations	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment, compassion towards others	Evaluating media sources; sharing things online	Identifying job interests and aspirations; what influences career choices; workplace stereotypes.	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Increasing independence, managing transition	Keeping personal information safe in different situations, including responding in emergencies, first aid and FGM.
	BV	Individual liberty	Rule of Law and individual liberty		Mutual respect		Individual liberty		Individual liberty	
	Assessment	<p><b>Y5 – the child can exercise basic techniques for resisting pressure from friends (eg by being assertive and saying “no”)</b></p> <p><b>Y6 – the child can decide who has access to their bodies and demonstrate an understanding that some physical contact is unacceptable.</b></p>			<p><b>Y5 – the child knows the benefits and costs of personal spending decisions on themselves, the local community, the economy and on people all over the world.</b></p> <p><b>Y6 – the child knows the range of knowledge, skills, and personal qualities required for different types of work</b></p>			<p><b>Y5 – the child knows how changes at puberty impact on themselves, their emotions and relationships.</b></p> <p><b>Y5 – the child demonstrates an understanding about healthy eating and knows what happens to their body when they exercise.</b></p> <p><b>Y6 –the child understands what affects mental health</b></p> <p><b>Y6 – the child can describe the changes that the body goes through at puberty and recognise that these are a preparation for sexual maturity.</b></p>		
	Rot B	Attraction to others; romantic relationships	Physical contact and feeling safe	Expression opinions and respecting other points of view, including discussing topical issues.	Valuing diversity, challenging discrimination and stereotypes	How information online is targeted; different media types, their role and impact	Influences and attitudes to money; money and financial risks.	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity, recognising individuality and different qualities; mental wellbeing	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media
	BV	Mutual respect	Rule of Law, individual liberty	Tolerance Mutual respect	Tolerance and Mutual respect					Rule of Law
	Assessment	<p><b>Y5 – to understand who to go to when they are uncomfortable about something that has happened (online or physically)</b></p> <p><b>Y6 – the child can decide who has access to their bodies and demonstrate an understanding that some physical contact is unacceptable.</b></p>			<p><b>Y5 – the child can understand how they and others can cause changes (for better or worse) in their immediate surroundings and wider community.</b></p> <p><b>Y6 –the child can make an appropriate choice (in a real or imaginary situation) about the use of resources, including money.</b></p>			<p><b>Y5 – the child knows how changes at puberty impact on themselves, their emotions and relationships.</b></p> <p><b>Y5 – the child can make informed choices and recognise that all choices have consequences.</b></p> <p><b>Y6 – Y6 – the child can describe the changes that the body goes through at puberty and recognise that these are a preparation for sexual maturity.</b></p>		